

FEELING WORDS Associated with Anger

Abandoned	Dominate	Intimidated	Shame
Abused	Doomed	Invaded	Sceptical
Alienated	Divided	Isolated	Self-righteous
Annoyed	Embarrassed	Jealous	Silly
Anxious	Empty	Judged	Shy
Anxiety	Envious	Left out	Sorrowful
Astounded	Exasperated	Lonely	Startled
Bad	Exhausted	Longing	Stingy
Belittled	Fearful	Loss	Stressed
Betrayed	Flustered	Lost	Strange
Bewildered	Foolish	Manipulated	Stupid
Bitter	Frantic	Marginalized	Stunned
Burdened	Frustrated	Melancholy	Stupefied
Challenged	Frightened	Minimised	Tested
Cheated	Guilty	Miserable	Tenuous
Condemned	Greed	Nervous	Tense
Confused	Grief	Overwhelmed	Threatened
Conceit	Hate	Panicked	Tired
Cornered	Helpless	Paranoid	Thwarted
Crushed	Hopeless	Persecuted	Trapped
Defeated	Homesick	Picked on	Troubled
Despairing	Horrible	Pity	Unappreciated
Dejected	Humbled	Powerless	Uneasy
Diminished	Humiliated	Pressured	Unloved
Disgusted	Hurt	Pride	Unsettled
Disappointed	Ignored	Pushed	Unworthy
Discounted	Imposed upon	Put-down	Used
Discriminated	Inadequate	Regret	Violated
Dismayed	Inferior	Rejected	Vulnerable
Disrespected	Indignant	Resentful	Weak
Distraught	Insecure	Sad	Worried
Distrusted	Incensed	Scared	Worthless
Disturbed	Insulted	Shocked	Withdrawn